

An excellent restaurant, a great "African" culinary experience with great entertainment"

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The Gold restaurant is part of the Gold of Africa museum (which is also well worth a visit) where you can enjoy cuisine from the whole of Africa.

You can also enjoy great entertainment by African artists: the night I was there, drum players taught us how to play djembe drums. There are also fascinating dancers in traditional costumes and singers (one of them having an outstanding and very powerful voice, I can still remember the effect she had on the audience)

The aim of the entertainment is to create a context so as to enjoy the food better and is a cultural experience more than a touristy thing. It is not tacky at all (as one could expect in a touristic place) and has its own place around the meal.

The menu is a set one with food from different parts of the continent giving a "gustative survey" of Africa. As they serve the food, the waiters comment on it and explain where it comes from and, obviously, what it is.

The Gold restaurant is one of the best restaurants I've been to while in South Africa (the other one being the uShaka restaurant in Durban) In my opinion, it is a must in Cape Town: it really reminds you that you are in Africa, which you can easily forget in Cape Town as it sometimes feels like a European city (especially if you stick to the waterfront for example)

It is also of very good value for money and they have a good choice of wines (I would recommend the pinotage red)

Note that all the left over is donated to the community, therefore no food is wasted.